



THE BOOTHBAY REGION LAND TRUST (BRLT) takes great pride in making its properties available for the enjoyment of residents and visitors. While most preserves can be reached by car, some are accessible by water as well. A few island preserves are accessed only by water. This brochure describes the six BRLT preserves accessible by boat and the facilities provided.

The Boothbay region is known for its spectacular natural beauty, rocky shores, coastal islands, and river corridors. Since 1980, the Boothbay Region Land Trust has preserved the beauty of the Boothbay region by conserving land for the benefit and enjoyment of the residents and visitors

Our Mission

To conserve for the public benefit the natural habitat, scenic beauty and working land of the Boothbay Region.

BRLT relies on charitable contributions. These donations help support land conservation, stewardship of the preserves, and educational programming. Please consider a contribution.
Thank you for your support.



BOOTHBAY REGION LAND TRUST

PO Box 183
 137 Townsend Avenue
 Boothbay Harbor, ME
 04538

Phone: (207) 633-4818
Email: brlt@bbrlt.org

www.bbrlt.org

PRESERVES FOR BOATERS

A Boater's Guide to Boothbay Region Land Trust Preserves

Trail Guide



BOOTHBAY REGION LAND TRUST

Preserving our Heritage ~ Creating a Legacy

DAMARISCOVE ISLAND

Historic Damariscove Island, 5 miles off the Boothbay coastline, offers hiking trails, a small museum and unsurpassed sea views. The BRLT maintains two guest moorings in the harbor on the southern tip of the island, which can be used by daytime visitors or for an overnight stay. Since the 210-acre island is a popular destination, the moorings may be in use. The anchorage in the outer (southern) pool is 11 feet at low water and the inner pool is 4 feet at low water. The BRLT maintains a pier and float for access to the island where two courtesy dinghies are available. The wooden float is for loading and unloading only. Boats should avoid tying up to the stone pier. This area is reserved for fishermen who continue to work out of Damariscove Island, a practice since the early 17th Century. Visitors are asked to respect their activities. In addition to providing moorings, visitor access and an extensive hiking trail network, the BRLT employs caretakers from mid-June to September to assist visitors and to protect sea bird nesting areas.



INDIANTOWN ISLAND

A BRLT guest mooring is located at a wooden pier and float near the northwest tip of the island. A courtesy dinghy is kept at the float. Canoes and kayaks may tie up to the float, but small boats should utilize the mooring for extensive visits. The mooring depth is too shallow for large boats. Hiking trails are located throughout the island. The BRLT owns the northern half of the 60-acre island and holds a conservation easement on the privately owned southern half. Please show your appreciation for the generosity of the owners of the southern half of the island and do not stray from the trails nor use their personal dock on the southwestern end of the island.

SPECTACLE ISLAND

Located in the Sheepscot River, this small island is owned jointly by the BRLT and Sheepscot Valley Conservation Association. The island is popular with picnickers, but boat access facilities are not provided. Boats anchor off the eastern shore and gain access by dinghy. Canoes and kayaks may gain access by landing on the sandy beach. The island is easily accessible by canoe from the town landing on McKown Point Road, a distance of 2 miles traveling under the Southport bridge.

MILES ISLAND

Located in Sheepscot Back River, canoes and kayaks may land near the northwestern corner of the island for day use only. There are no hiking trails here but visitors may explore this uninhabited island.

ZAK PRESERVE AT WILDCAT CREEK

Located between Route 27 near the Edgecomb-Boothbay Town line and the River Road, the Zak Preserve provides access to the Sheepscot River via Wildcat Creek. A canoe/kayak launch site is located near the parking area on Route 27. To enjoy this boating opportunity, one must pay close attention to tidal charts. The best time to enter the stream is about two hours before high tide. Canoe/kayak upstream with the incoming water and go downstream with the outgoing tide. Between May and August, please bring insect repellent and dress appropriately; this area is a mosquito haven. The preserve is also accessible via the Ovens Mouth (Cross) River by way of the Sheepscot River. From the underpass at Route 27, go upstream another mile at high tide.

OVENS MOUTH

Ovens Mouth Preserve is reachable by boat from the Sheepscot River. The preserve consists of two peninsulas connected by a 93-foot trail bridge. Near the bridge is a quiet cove suitable for anchorage by vessels of all sizes. Nearby are areas suitable to land canoes, kayaks and dinghies. Please use caution: The tide can run 5 to 6 knots in the eastern end of the Cross River. Several miles of scenic hiking trails are found on the preserve.